



INSTRUCTIONS FOR DAY OF SURGERY, PRIOR TO YOUR ARRIVAL

NO FOOD 8 hours prior to your arrival. Small sips of WATER are okay to take with medication until three hours prior to your arrival.

- You **MUST** arrive by your check in time or you take the risk of being cancelled.
- You **MUST** have a driver for your surgery. Even if you take Uber/Lyft/taxi or plan to walk home, you must be accompanied by another adult. Please be prepared to provide your driver's phone number to the surgery center when you check in. We will contact your driver when you are ready to be picked up, driver must be on-site/nearby.
- ALL REGULAR MEDICATIONS can be taken as normal on your day of surgery with a small sip of water.
- DIABETIC PATIENTS TAKING ORAL PILLS: Please do not take your pills morning of surgery. You will resume your pills after surgery.
- DIABETIC PATIENTS TAKING INSULIN: Please take only half of your regular insulin dose at bedtime the night before your surgery. No insulin on day of surgery.
- DIABETIC PATIENTS ON INSULIN PUMPS: Please do not make any changes to your regimen.
- Wear short-sleeve, comfortable clothing. You will not need to remove your clothes. A locker will be provided.
- Do not wear contact lenses, jewelry, makeup, perfume, or bring any valuables to your surgery.
- If you plan to travel after your surgery, travel is not recommended until post-op day 2.
- If you need to contact the surgery center on day of surgery, please call Surgery Center Front Desk line: **206-342-6056**